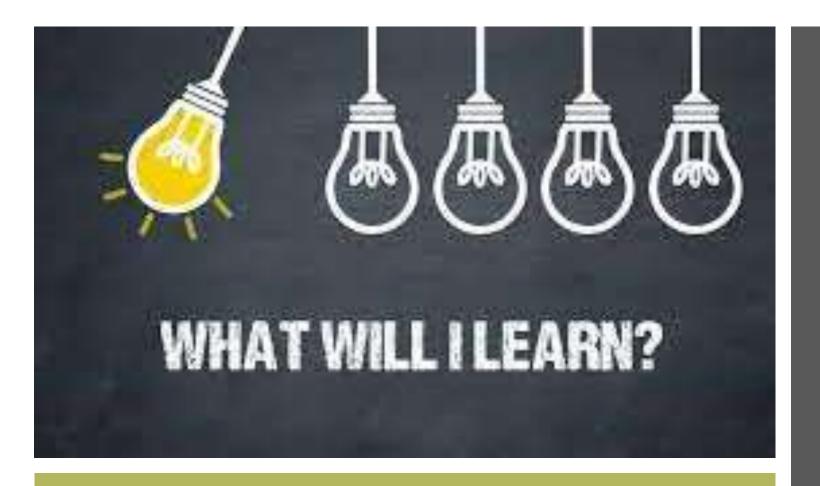


# Grade 7 Unit 1

Lesson 4: Daily routines



- Use phrases to retell stories and personal experiences
- Listen and know the main points of simple texts

Lesson Objectives

# **Lesson 4: Daily routines**

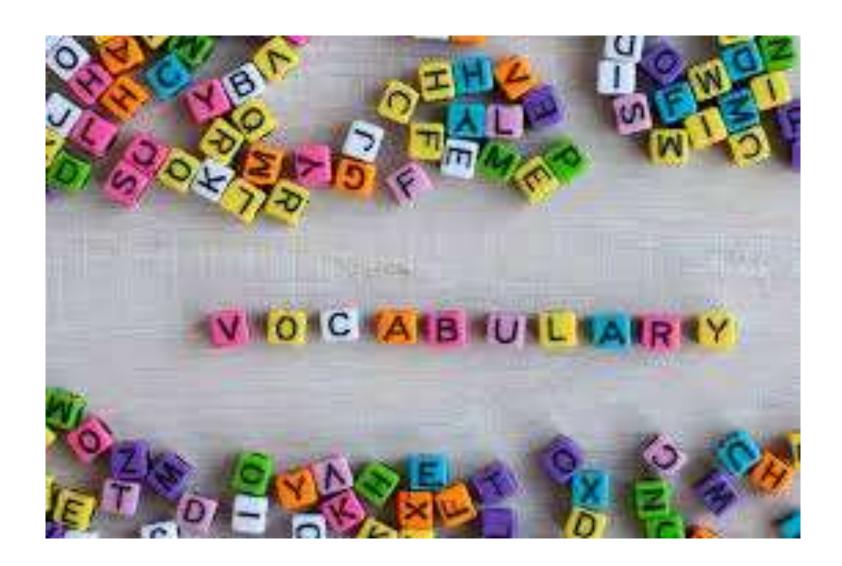
- What time do you wake up every day?
- What time do you go to sleep?



#### **Key Structure**

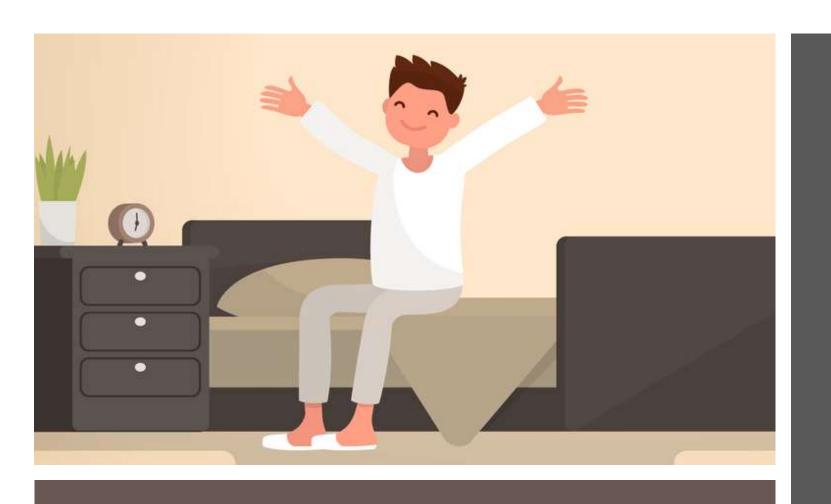
Preposition of time: at I wake up at 7:30.

I go to sleep at 9:00pm





# routine



to wake up



# University





Go to school



Go to bed



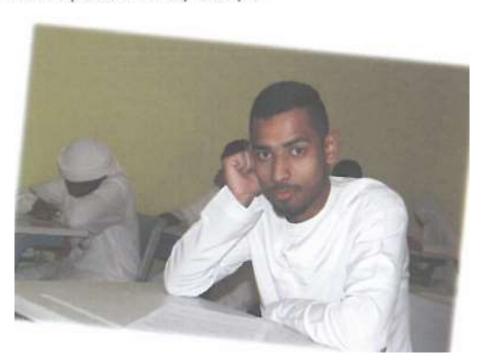
Secondary school

## Activity 1 Listening Track 3

Look at the pictures of two students. What do you think they do every day?

Listen and check your answers.







## **Activity 2 Listening and Reading**

Listen again and read the texts. Write the times in the gaps.



#### Morag

Hil My name is Morag and I'm from Scotland. I'm in my first year at university. I wake up at am every day. I leave the house at 7:30 and I get to university at 8:50 8:30 I have lunch at first class starts at 9:00 and have dinner at 12:00 After 7:30 o'clock I stop, and I that, I study. At 10:00 watch television. Then I go to bed at 11:30

#### Saeed

Hil I'm Saeed and I'm from Ras Al Khaimah. I'm a student at secondary school. I wake up am every day to go to school. School starts at 7:30 nd we have our first break at \_ have something to eat 9:45 and talk with my friends. We finish school at and I go home. At 4:00 around 2:20 o'clock, I meet my friends to play football. I have dinner at 9:00 'clock. I go to bed late - at 11:00 or 12:00

# **Activity 3 Writing**

What is your daily routine? Fill in the table.

Time	Activity
6:15	I wake up.
6:20	I take a shower
6:30	I get dressed
6:40	I eat breakfast

# Activity 4 Speaking and Writing

Share your daily routine with a partner. Write down your partner's routine. What time do you wake up?

I wake up **at** 4:30am

What time do you go to bed?

I go to bed at 10:00pm

### **Activity 5 Writing**

## Write down your partners routine

Time	Activity	1771
5:30	Sam wakes up.	
6:45	Sam <b>takes</b> a shower	
7:00	She <b>eats</b> breakfast	
-	440	
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